

**Region 4A Track and Field Championships - 5/16/2009****Dixie Heights High School****Results****Girls 100 Meter Dash CLASS 1A**

Name	Year	School	Seed	Finals	Points
Section 1					
1 Bayer, Kayla	11	Beechwood	15.40	15.11	
2 Schoultheis, Jennie	11	Dayton	16.00	15.84	
3 Ashcraft, Domonique	10	Ludlow	16.60	16.66	
4 Fetters, Melissa	09	Bellevue	16.12	16.74	
5 Adams, Jessica	08	Cov. Holy Cross	18.44	18.85	
Section 2					
1 Rice, Raven	07	Newport	13.88	13.54	4
2 Doggett, Lydia	10	Cov. Holy Cross	14.04	14.36	
3 Whitacre, Mary	11	Covington Latin	14.40	14.65	
4 Burton, Shelby	09	Walton Verona	14.94	14.68	
5 Bischoff, Katherine	8	Covington Latin	14.90	14.73	
6 Chiu, Jennifer	12	Villa Madonna	14.85	14.75	
7 Bryan, Lhea	12	Bellevue	15.25	15.08	
Section 3					
1 Neiser, Katie	12	Bishop Brossart	12.74	12.75	10
2 Culbreth, Caroline	10	Beechwood	12.93	13.24	8
3 Mauntel, Katie	09	St. Henry District	13.24	13.35	6
4 Fleissner, Melanie	09	Bishop Brossart	13.64	13.65	2
5 Macke, Andi	12	Newport Catholic	13.56	13.76	1
6 Ryan, Kirsti	09	St. Henry District	13.84	14.00	
7 Whaley, Margo	12	Newport	13.90	14.04	
8 Desmarais, Katie	10	Villa Madonna	13.74	14.11	

**Girls 200 Meter Dash CLASS 1A**

Name	Year	School	Seed	Finals	Points
Section 1					
1 Johnson, Mariah	09	Ludlow	32.44	32.00	
2 Painter, Harlee	09	Dayton	33.46	32.08	
3 Bryan, Lhea	12	Bellevue	33.14	32.94	
4 Griese, Hannah	10	Covington Latin		33.45	
5 Gaiser, Courtney	09	Ludlow		36.18	
Section 2					
1 Bohn, Brittany	10	Bellevue	29.14	29.31	
2 Mullikan, Shelby	07	Walton Verona	29.65	29.78	
3 Samotis, Lindsey	12	VillaMadonna	30.42	30.16	
4 Doggett, Lydia	10	Cov. Holy Cross	28.84	30.35	
5 Morrison, Elizabeth	11	Covington Latin	30.50	30.60	
6 Kloentrup, Kelsey	12	Villa Madonna	31.14	31.54	
Section 3					
1 Neiser, Katie	12	Bishop Brossart	25.84	26.09	10
2 Cooper, Emily	12	Bishop Brossart	27.61	27.23	8
3 McArtor, Carly	11	St. Henry District	27.36	27.71	6
4 Culbreth, Caroline	10	Beechwood	27.20	27.74	4
5 Mauntel, Katie	09	St. Henry District	27.55	27.97	2
6 Hood, Robin	11	Beechwood	28.35	28.07	1
7 Muench, Aubrey	09	Newport Catholic	27.35	28.23	
8 Macke, Andi	12	Newport Catholic	28.74	29.44	

**Region 4A Track and Field Championships - 5/16/2009****Dixie Heights High School****Results****Girls 400 Meter Dash CLASS 1A**

Name	Year	School	Seed	Finals	Points
Section 1					
1 Hoffa, Claire	12	Walton Verona	1:11.50	1:12.16	
2 Rowland, Morgan	10	Bellevue	1:13.25	1:14.13	
3 Smith, Catherine	11	Covington Latin	1:15.50	1:14.26	
4 Wilson, Paige	08	Newport	1:26.00	1:17.22	
5 Flanagan, Rachel	11	Cov. Holy Cross	1:23.54	1:25.34	
Section 2					
1 Gibbons, Courtney	11	Beechwood	1:06.90	1:07.35	
2 Fleissner, Melanie	09	Bishop Brossart	1:11.44	1:08.44	
3 Fritz, Morgan	07	Beechwood	1:09.50	1:08.82	
4 Doggett, Lydia	10	Cov. Holy Cross	1:08.74	1:10.24	
5 Shelton, Myrle	09	Calvary Christian	1:10.29	1:11.03	
6 O'Brien, Kelly	09	Walton Verona	1:11.00	1:13.83	
Section 3					
1 Cooper, Emily	12	Bishop Brossart	1:00.49	59.40	10
2 McArtor, Carly	11	St. Henry District	1:01.44	1:00.82	8
3 Dubuc, Morgan	10	Newport Catholic	1:02.34	1:02.67	6
4 Bartels, Kiley	10	Newport Catholic	1:04.10	1:03.22	4
5 Keegan, Ria	12	Villa Madonna	1:03.24	1:03.28	2
6 Ulanowski, Briana	12	St. Henry District	1:04.16	1:03.80	1
7 Gnotek, Mary Kate	12	Villa Madonna	1:04.54	1:05.35	
8 Keller, Alex	07	Ludlow	1:06.64	1:06.58	

**Girls 800 Meter Run CLASS 1A**

Name	Year	School	Seed	Finals	Points
Section 1					
1 Frigo, Maria	11	St. Henry District	2:21.92	2:20.89	10
2 Rodgers, Lily	11	Covington Latin	2:25.36	2:23.59	8
3 Svec, Ashley	09	St. Henry District	2:24.10	2:26.08	6
4 Mueller, Olivia	10	Cov. Holy Cross	2:37.00	2:27.19	4
5 Suedkamp, Sarah	10	Newport Catholic	2:27.51	2:27.32	2
6 Guevara, Ashley	11	Walton Verona	2:31.30	2:28.05	1
7 Freppon, Kaela	12	Newport Catholic	2:29.24	2:29.95	
8 Sandberg, Christina	11	Calvary Christian	2:36.16	2:31.40	
9 Miller, Sarah	12	Villa Madonna	2:29.98	2:35.85	
10 Redfield, Shannon	08	Beechwood	2:37.60	2:40.58	
11 Hamilton, Elena	10	Villa Madonna	2:35.49	2:43.25	
12 Brown, Natalie	09	Walton Verona	2:42.00	2:45.60	
13 Drohan, Caitlyn	07	Newport	3:32.00	2:45.67	
14 VanBenschoten, Alanna	09	Bishop Brossart	2:42.84	2:46.55	
15 Schweitzer, Maddie	09	Cov. Holy Cross	2:46.10	2:48.28	
16 McMath, Molly	08	Beechwood	2:48.60	2:49.42	
17 Frevola, Danie	09	Ludlow	2:57.40	2:57.00	
18 Ingram, Brittney	10	Covington Latin	2:57.10	3:00.17	
19 Combs, Mirissa	07	Newport	3:38.00	3:16.53	

**Girls 1600 Meter Run CLASS 1A**

Name	Year	School	Seed	Finals	Points
1 Frigo, Maria	11	St. Henry District	5:11.90	5:15.54	10

**Region 4A Track and Field Championships - 5/16/2009****Dixie Heights High School****Results****....Girls 1600 Meter Run CLASS 1A**

2	Rodgers, Lily	11	Covington Latin	5:17.43	5:18.30	8
3	Schowalter, Nicole	07	Dayton	5:31.00	5:31.48	6
4	Svec, Ashley	09	St. Henry District	5:25.66	5:32.78	4
5	Bergman, Gabriel	07	Cov. Holy Cross	5:35.00	5:34.55	2
6	Stoll, Kiley	10	Villa Madonna	5:37.24	5:35.01	1
7	Sandberg, Christina	11	Calvary Christian	5:46.75	5:40.44	
8	Redfield, Shannon	08	Beechwood	5:41.00	5:45.11	
9	Schwarber, Amy	11	Newport Catholic	5:48.04	5:47.61	
10	Brown, Natalie	09	Walton Verona	5:43.00	5:54.71	
11	Stone, Courtney	10	Newport Catholic	6:06.78	6:02.54	
12	Landwehr, Sarah	12	Bishop Brossart	6:22.54	6:20.61	
13	Desmarais, Cassandra	11	Villa Madonna	6:30.38	6:25.42	
14	Zilliox, Alex	12	Bishop Brossart	6:29.84	6:27.60	
15	Frevola, Danie	09	Ludlow	6:21.12	6:31.61	
16	Lancaster, Ashley	10	Ludlow	6:11.60	6:39.31	
17	Kroth, Debbie	08	Newport	7:00.00	6:50.32	
18	Wilkerson, Megan	11	Cov. Holy Cross	7:09.00	7:15.46	
19	Hess, Sarah	06	Newport		7:33.13	

**Girls 3200 Meter Run CLASS 1A**

Name	Year	School	Seed	Finals	Points	
1	Rodgers, Lily	11	Covington Latin	11:45.80	11:52.81	10
2	Bergman, Gabriel	07	Cov. Holy Cross	12:06.00	12:00.66	8
3	Hinken, Lindsey	09	St. Henry District	12:11.94	12:09.47	6
4	Hinken, Kelsey	11	St. Henry District	12:09.30	12:17.83	4
5	Stoll, Kiley	10	Villa Madonna	12:36.14	12:27.05	2
6	Peace, Madison	08	Walton Verona	12:29.00	12:32.17	1
7	Schowalter, Nicole	07	Dayton	12:33.00	12:37.82	
8	Abner, Alexa	12	Newport Catholic	12:33.24	12:42.57	
9	Miller, Katie	09	Villa Madonna	12:06.14	13:02.82	
10	Murphy, Ellen	11	Beechwood	13:51.34	13:19.82	
11	Sandberg, Christina	11	Calvary Christian	13:28.40	13:44.09	
12	Arlinghaus, Celia	12	Cov. Holy Cross	13:47.00	13:53.08	
13	Schalk, Alex	09	Newport Catholic	13:35.52	13:57.47	
14	Landwehr, Sarah	12	Bishop Brossart	14:10.54	14:07.13	
15	Brueggen, Alexis	12	Bishop Brossart	14:11.54	14:22.39	
16	Laws, Jasmine	09	Ludlow	14:03.21	14:41.09	
17	Lancaster, Ashley	10	Ludlow	13:47.10	15:02.72	

**Girls 100 Meter Hurdles CLASS 1A**

Name	Year	School	Seed	Finals	Points	
1	Treadway, Shelby	08	Walton Verona	18.44	18.16	
2	Vittetoe, Ellie	11	Beechwood	18.30	18.17	
3	Worden, Rachel	12	Villa Madonna	18.84	19.43	
4	Helfrich, Alicia	09	Villa Madonna	20.69	19.55	
5	Matthews, Rebecca	12	Beechwood	19.80	21.10	
6	Wilson, Paige	08	Newport		21.61	
7	Shelton, Myrle	09	Calvary Christian	22.54	22.46	
Section 2						
1	Guevara, Kristen	12	Walton Verona	17.04	16.58	10
2	Byrns, Paula	12	St. Henry District	16.59	16.82	8

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3	Dooley, Paige	11	St. Henry District	17.54	17.24	6
4	Schultz, Kimber	12	Newport Catholic	16.99	17.54	4
5	Ridder, Nicole	10	Bishop Brossart	18.24	17.72	2
6	Bihl, Kim	11	Newport Catholic	17.44	17.76	1
7	Swope, Danielle	10	Bellevue	18.27	18.30	
8	Cook, Leah	12	Bishop Brossart	18.04	18.46	

**Girls 300 Meter Hurdles CLASS 1A**

Name	Year	School	Seed	Finals	Points	
Section 1						
1	Treadway, Shelby	08	Walton Verona	56.34	53.72	
2	Swope, Danielle	10	Bellevue	57.30	54.07	
3	Pickens, Kelsi	09	Villa Madonna	53.54	54.74	
4	Chiu, Jennifer	12	Villa Madonna	55.54	55.80	
5	Matthews, Rebecca	12	Beechwood	58.40	58.33	
Section 2						
1	Lussi, Gretchen	12	Walton Verona	48.84	48.30	10
2	Muench, Aubrey	09	Newport Catholic	49.04	49.47	8
3	Dooley, Paige	11	St. Henry District	50.84	50.57	6
4	Kohls, Jamie	09	Newport Catholic	50.94	51.09	4
5	Bohn, Brittany	10	Bellevue	52.44	51.15	2
6	Spare, Melissa	09	St. Henry District	52.34	51.71	1
7	O'Leary, Samantha	12	Bishop Brossart	51.24	51.89	
8	Cook, Leah	12	Bishop Brossart	53.24	53.14	

**Girls 4x100 Meter Relay CLASS 1A**

School	Seed	Finals	Points
Section 1			
1 Covington Latin	1:01.10	58.31	
1) Morrison, Elizabeth 11	2) Bischoff, Katherine 8		
3) Smith, Catherine 11	4) Whitacre, Mary 11		
5) Griese, Hannah 10	6) Conti, Mary 8		
Section 2			
1 Newport Central Catholic	52.54	51.99	10
1) Kelly, Hannah 09	2) Macke, Andi 12		
3) Bartels, Kiley 10	4) Muench, Aubrey 09		
5) Dubuc, Morgan 10	6) Durso, Abbey 12		
7) Fryer, Brittany 10	8) Suedkamp, Sarah 10		
2 Bishop Brossart	52.67	52.01	8
1) O'Leary, Shannon 12	2) Stricklen, Mary 12		
3) O'Leary, Samantha 12	4) Neiser, Katie 12		
5) Fleissner, Melanie 09	6) Ridder, Nicole 10		
7) VanBenschoten, Alanna 09	8) Cook, Leah 12		
3 Beechwood	53.20	53.17	6
1) Miniard, Hillary 11	2) Culbreth, Caroline 10		
3) Frey, Francis 09	4) Hood, Robin 11		
5) Hunter, Alexis 08	6) Bayer, Kayla 11		
7) Miniard, Olivia 09	8) Vittetoe, Ellie 11		
4 St. Henry District	53.04	53.66	4
1) Byrns, Paula 12	2) Mauntel, Katie 09		
3) Ryan, Kirsti 09	4) Wilhoit, Lindsey 12		

**Region 4A Track and Field Championships - 5/16/2009**

**Dixie Heights High School**

**Results**

**....Girls 4x100 Meter Relay CLASS 1A**

5) Felthaus, Abby 11	6) Vujnovich, Marissa 11		
7) Spare, Melissa 09	8) Dooley, Paige 11		
5 Walton Verona	54.44	54.13	2
1) Burton, Shelby 09	2) Cornelison, Taylor 09		
3) Guevara, Kristen 12	4) Welte, Demi 10		
5) O'Brien, Kelly 09	6) Mullikan, Shelby 07		
7) Treadway, Shelby 08	8) Lussi, Gretchen 12		
6 Newport	56.80	54.33	1
1) Feldhaus, Tierra 11	2) Feldhaus, Tjuana 12		
3) Whaley, Margo 12	4) Rice, Raven 07		
7 Villa Madonna	56.74	55.26	
1) Desmarais, Katie 10	2) Cauhorn, Brooke 10		
3) Pickens, Kelsi 09	4) Gnotek, Mary Kate 12		
5) Samotis, Lindsey 12	6) Chiu, Jennifer 12		
7) Helfrich, Alicia 09	8) Kloentrup, Kelsey 12		
8 Bellevue	56.85	56.59	
1) Bohn, Brittany 10	2) Swope, Danielle 10		
3) Reynolds, Mindi 10	4) Rowland, Morgan 10		
5) Bryan, Lhea 12	6)		

**Girls 4x200 Meter Relay CLASS 1A**

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School	Seed	Finals	Points
=====			
Section 1			
1 Dayton	2:05.00	2:03.63	
1) Miller, Chelsea 09	2) Lukens, Abbie 07		
3) Painter, Harlee 09	4) Schoultheis, Sarah 10		
5) Northcutt, Jaclyn 09	6)		
Section 2			
1 Bishop Brossart	1:49.04	1:47.88	10
1) O'Leary, Shannon 12	2) Cooper, Emily 12		
3) O'Leary, Samantha 12	4) Neiser, Katie 12		
5) Fleissner, Melanie 09	6) VanBenschoten, Alanna 09		
7) Ridder, Nicole 10	8) Stricklen, Mary 12		
2 Newport Central Catholic	1:50.24	1:49.03	8
1) Dubuc, Morgan 10	2) Macke, Andi 12		
3) Bartels, Kiley 10	4) Muench, Aubrey 09		
5) Durso, Abbey 12	6) Suedkamp, Sarah 10		
7) Kelly, Hannah 09	8) Fryer, Brittany 10		
3 St. Henry District	1:50.60	1:49.99	6
1) Mauntel, Katie 09	2) Felthaus, Abby 11		
3) Vujnovich, Marissa 11	4) McArtor, Carly 11		
5) Ryan, Kirsti 09	6) Wilhoit, Lindsey 12		
7) Spare, Melissa 09	8) Dooley, Paige 11		
4 Walton Verona	1:53.83	1:53.75	4
1) Mullikan, Shelby 07	2) Cornelison, Taylor 09		
3) Guevara, Kristen 12	4) Welte, Demi 10		
5) O'Brien, Kelly 09	6) Lussi, Gretchen 12		
7) Burton, Shelby 09	8) Treadway, Shelby 08		
5 Beechwood	1:53.88	1:54.71	2
1) Miniard, Hillary 11	2) Culbreth, Caroline 10		
3) Frey, Francis 09	4) Hood, Robin 11		
5) Hunter, Alexis 08	6) Bayer, Kayla 11		
7) Miniard, Olivia 09	8) Vittetoe, Ellie 11		

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**Dixie Heights High School**

**Results**

**....Girls 4x200 Meter Relay CLASS 1A**

6 Villa Madonna	1:57.93	1:55.96	1
1) Hurtt, Emily 11	2) Pickens, Kelsi 09		
3) Cauhorn, Brooke 10	4) Gnotek, Mary Kate 12		
5) Desmarais, Katie 10	6) Kloentrup, Kelsey 12		
7) Samotis, Lindsey 12	8) Chiu, Jennifer 12		
7 Newport	1:56.00	1:56.64	
1) Feldhaus, Tierra 11	2) Feldhaus, Tjuana 12		
3) Borgemenke, Alectra 08	4) Whaley, Margo 12		
8 Bellevue	2:01.43	2:03.52	
1) Bryan, Lhea 12	2) Reynolds, Mindi 10		
3) Rowland, Morgan 10	4) Swope, Danielle 10		
5) Kuetemeyer, Brook 07	6)		

**Girls 4x400 Meter Relay CLASS 1A**

School	Seed	Finals	Points
Section 1			
1 St. Henry District	4:11.10	4:11.41	10
1) Wilhoit, Lindsey 12	2) Vujnovich, Marissa 11		
3) Ulanowski, Briana 12	4) McArtor, Carly 11		
5) Ryan, Kirsti 09	6) Svec, Ashley 09		
7) Frigo, Maria 11	8) Spare, Melissa 09		
2 Newport Central Catholic	4:11.24	4:13.68	8
1) Bartels, Kiley 10	2) Suedkamp, Sarah 10		
3) Dubuc, Morgan 10	4) Freppon, Kaela 12		
5) Muench, Aubrey 09	6) Kelly, Hannah 09		
7) Durso, Abbey 12	8) Kohls, Jamie 09		
3 Bishop Brossart	4:20.54	4:13.78	6
1) O'Leary, Shannon 12	2) O'Leary, Samantha 12		
3) Ridder, Nicole 10	4) Cooper, Emily 12		
5) Cook, Leah 12	6) Neiser, Katie 12		
7) VanBenschoten, Alanna 09	8) Fielders, Natalie 09		
4 Walton Verona	4:23.00	4:14.37	4
1) Guevara, Ashley 11	2) Welte, Demi 10		
3) Lussi, Olivia 12	4) Lussi, Gretchen 12		
5) Brown, Natalie 09	6) O'Brien, Kelly 09		
7) Peace, Madison 08	8) Guevara, Kristen 12		
5 Villa Madonna	4:21.08	4:30.08	2
1) Gnotek, Mary Kate 12	2) Miller, Sarah 12		
3) Hamilton, Elena 10	4) Keegan, Ria 12		
5) Hurtt, Emily 11	6) Stoll, Kiley 10		
7) Edmonson, Sara 09	8) Miller, Katie 09		
6 Covington Latin	4:41.90	4:50.70	1
1) Morrison, Elizabeth 11	2) Whitacre, Mary 11		
3) Smith, Catherine 11	4) Rodgers, Lily 11		
5) Conti, Mary 8	6) Bischoff, Katherine 8		

**Girls 4x800 Meter Relay CLASS 1A**

School	Seed	Finals	Points
1 St. Henry District	9:58.80	9:57.05	10
1) Hinken, Lindsey 09	2) Frigo, Maria 11		
3) Vujnovich, Marissa 11	4) Svec, Ashley 09		

**Region 4A Track and Field Championships - 5/16/2009**

**Dixie Heights High School**

**Results**

**....Girls 4x800 Meter Relay CLASS 1A**

5) Ulanowski, Briana 12	6) Wilhoit, Lindsey 12			
7) Hinken, Kelsey 11	8) Ryan, Kirsti 09			
2 Newport Central Catholic		9:56.34	10:03.00	8
1) Niemer, Mallory 10	2) Schwarber, Amy 11			
3) Suedkamp, Sarah 10	4) Freppon, Kaela 12			
5) Durso, Abbey 12	6) Abner, Alexa 12			
7) Stone, Courtney 10	8) Hlebiczkki, Katrina 09			
3 Walton Verona		10:05.00	10:15.49	6
1) Peace, Madison 08	2) Guevara, Ashley 11			
3) Brown, Natalie 09	4) Lussi, Olivia 12			
5) Lussi, Gretchen 12	6) Welte, Demi 10			
7) Treadway, Shelby 08	8) O'Brien, Kelly 09			
4 Villa Madonna		9:59.50	10:19.75	4
1) Miller, Sarah 12	2) Miller, Katie 09			
3) Hamilton, Elena 10	4) Keegan, Ria 12			
5) Stoll, Kiley 10	6) Desmarais, Cassandra 11			
5 Holy Cross (Covington)		10:40.00	10:41.80	2
1) Mueller, Olivia 10	2) Doggett, Lydia 10			
3) Bergman, Gabriel 07	4) Schweitzer, Maddie 09			
5) Barth, Lily 10	6) Arlinghaus, Celia 12			
7) Spenlau, Jenna 08	8)			
6 Bishop Brossart		11:03.58	11:01.76	1
1) Cook, Leah 12	2) Brueggen, Alexis 12			
3) VanBenschoten, Alanna 09	4) Landwehr, Sarah 12			
5) Schultz, McKenzie 12	6) Zilliox, Alex 12			
7) Ridder, Nicole 10	8) Cooper, Emily 12			
7 Ludlow		11:20.93	11:41.15	
1) Keller, Alex 07	2) Lancaster, Ashley 10			
3) Laws, Jasmine 09	4) Frevola, Danie 09			
8 Newport		12:03.00	13:06.86	
1) Hess, Sarah 06	2) Drohan, Caitlyn 07			
3) Combs, Mirissa 07	4) Bowman, Gabby 06			

**Boys 100 Meter Dash CLASS 1A**

=====					
Name	Year	School	Seed	Finals	Points
=====					
1 Hafer, Jesse	10	Walton Verona		12.46	
2 Kallmeyer, Chris	12	Villa Madonna	13.19	13.16	
3 Villareal, Matthew	9	Covington Latin	13.31	14.17	
4 King, Zachary	9	Covington Latin	14.80	15.46	
Section 2					
1 Gross, Jordon	11	Dayton	12.34	12.17	
2 Abdelghany, Joe	11	St. Henry District	12.34	12.34	
3 Robinson, Sean	11	St. Henry District	12.82	12.68	
4 Kremer, Dallas	12	Bishop Brossart	12.54	12.69	
5 Lewallen, Christian	11	Dayton	12.50	12.86	
6 Ashcraft, Jacob	11	Ludlow	12.54	12.91	
7 Roberts, Jordan	08	Bellevue	12.84	12.99	
8 Hurst, Chris	09	Walton Verona	12.74	13.46	
Section 3					
1 Ferrara, Logan	12	Newport Catholic	11.24	11.51	10
2 Carter, Branden	10	Newport	11.64	11.70	8
3 Smith, Brayson	11	Cov. Holy Cross	11.84	11.77	6
4 Kim, Daniel	12	Newport	11.64	11.91	4

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5 Walker, Markel	12 Cov. Holy Cross	11.84	11.93	2
6 Evans, Nick	11 Bellevue	12.24	12.14	1
7 Eviston, Matt	12 Newport Catholic	12.11	12.18	
8 Stover, Matt	10 Bishop Brossart	12.04	12.47	

**Boys 200 Meter Dash CLASS 1A**

Name	Year School	Seed	Finals	Points
Section 1				
1 Manning, Adam	12 Bishop Brossart	26.64	25.80	
2 Gross, Jordon	11 Dayton		25.94	
3 Duell, Zach	12 Bellevue	26.64	27.47	
4 Stalnaker, Bryan	12 Walton Verona		29.45	
Section 2				
1 Waymeyer, Jordan	12 St. Henry District	25.31	25.15	
3 Lentz, Max	11 St. Henry District	25.43	25.21	
-- Brock, Evan	10 Walton Verona	24.84	24.77	
-- Case, Cameron	12 Ludlow	25.00	25.32	
-- Ashcraft, Jacob	11 Ludlow	26.14	27.15	
Section 3				
1 Carter, Branden	10 Newport	23.64	23.75	10
2 Smith, Brayson	11 Cov. Holy Cross	23.94	23.78	8
3 Kim, Daniel	12 Newport	24.44	23.94	6
4 Block, Daniel	11 Villa Madonna	24.24	24.17	4
5 Brock, Rodney	11 Bellevue	24.44	24.54	2
6 Walker, Markel	12 Cov. Holy Cross	24.44	24.72	1
7 Eviston, Matt	12 Newport Catholic	24.74	24.99	
8 Stover, Matt	10 Bishop Brossart	24.64	25.74	

**Boys 400 Meter Dash CLASS 1A**

Name	Year School	Seed	Finals	Points
Section 1				
1 Shulte, Nick	09 Cov. Holy Cross	1:03.14	1:07.31	
2 Conti, James	8 Covington Latin	1:11.67	1:10.63	
Section 2				
1 Lindley, Matthew	11 Covington Latin	57.81	56.59	
2 Rehtin, Nolan	08 Bellevue	59.19	57.53	
3 Schmitt, Sam	10 Walton Verona	1:00.00	59.03	
4 Herald, Michael	09 Cov. Holy Cross	1:00.54	59.23	
5 Wright, Scott	11 Villa Madonna	59.78	59.54	
6 Kues, Barrett	10 Bishop Brossart	58.24	1:00.16	
7 Kremer, Austin	09 Bishop Brossart	58.84	1:00.28	
8 Garbig, Nathan	09 Calvary Christian	1:00.89	1:00.55	
Section 3				
1 Carter, Branden	10 Newport	53.24	52.61	10
2 Schaefer, Corey	12 Newport Catholic	53.14	53.28	8
3 Schubert, Jake	10 Villa Madonna	53.84	53.74	6
4 Case, Cameron	12 Ludlow	54.94	54.32	4
5 Little, Cole	11 Newport Catholic	54.74	54.72	2
6 Lentz, Nathan	10 St. Henry District	55.34	54.98	1
7 Kahmann, Phil	11 St. Henry District	55.24	55.76	
8 Luther, Anthony	11 Newport	54.94	56.71	



**Region 4A Track and Field Championships - 5/16/2009****Dixie Heights High School****Results****Boys 800 Meter Run CLASS 1A**

Name	Year	School	Seed	Finals	Points
Section 1					
1 Stoll, Corey	12	Villa Madonna	1:58.14	1:58.24	10
2 Haire, Justin	12	Bishop Brossart	2:02.94	2:00.21	8
3 Peterson, Trevin	10	Walton Verona	2:02.40	2:02.11	6
4 Rohmann, Cameron	09	St. Henry District	2:02.14	2:05.70	4
5 Linkugel, Andrew	12	St. Henry District	2:10.04	2:07.11	2
6 Laws, Jordan	11	Ludlow	2:07.09	2:08.85	1
7 Evans, Brett	09	Bishop Brossart	2:09.54	2:10.66	
8 Walker, Eric	09	Cov. Holy Cross	2:06.40	2:11.29	
9 Palmer, Evan	12	Walton Verona	2:16.20	2:12.89	
10 Robinson, Josh	11	Cov. Holy Cross	2:14.00	2:12.91	
11 Laber, Ryan	10	Villa Madonna	2:14.60	2:17.35	
12 Wright, Doug	09	Ludlow	2:18.60	2:21.65	
13 Niemer, Alex	12	Newport Catholic	2:17.54	2:22.23	
14 Guthier, Eddie	12	Newport Catholic	2:18.94	2:26.93	
15 Anderson, Jesse	11	Covington Latin	2:18.20	2:27.88	
16 Hauger, Jacob	09	Dayton	2:30.00	2:29.36	
17 Walton, Brad	09	Calvary Christian	2:33.50	2:33.12	
18 Loftus, Michael	8	Covington Latin	2:48.01	2:52.25	

**Boys 1600 Meter Run CLASS 1A**

Name	Year	School	Seed	Finals	Points
1 Stoll, Corey	12	Villa Madonna	4:24.09	4:25.92	10
2 Whitehead, Michael	12	St. Henry District	4:34.94	4:32.53	8
3 Peterson, Trevin	10	Walton Verona	4:35.50	4:34.34	6
4 McIntyre, Jacob	11	Walton Verona	4:35.00	4:36.67	4
5 Laws, Jordan	11	Ludlow	4:44.98	4:41.12	2
6 Frigo, Armand	11	St. Henry District	4:49.44	4:52.07	1
7 Hemmer, Trey	10	Cov. Holy Cross	4:54.00	4:57.30	
8 Birkenhauer, Adam	11	Bishop Brossart	4:57.44	5:01.63	
9 Foster, Jack	10	Bishop Brossart	4:57.74	5:01.87	
10 Laber, Ryan	10	Villa Madonna	4:53.75	5:07.45	
11 Fuller, Aaron	09	Cov. Holy Cross	5:15.00	5:12.24	
12 Hauger, Jacob	09	Dayton	5:29.00	5:19.13	
13 Bowden, Shonn	11	Dayton	5:19.00	5:29.23	
14 Anderson, Jesse	11	Covington Latin	5:27.60	5:35.61	
15 Whaley, Mason	07	Newport	5:58.50	5:45.11	
16 Wright, Jacob	11	Ludlow	6:04.64	5:57.52	
17 Loftus, Michael	8	Covington Latin	6:07.00	6:01.16	
18 Kroth, Mike	11	Newport	6:01.90	6:19.54	

**Boys 3200 Meter Run CLASS 1A**

Name	Year	School	Seed	Finals	Points
1 Stoll, Corey	12	Villa Madonna	9:43.44	9:49.58	10
2 McIntyre, Jacob	11	Walton Verona	10:04.00	9:57.43	8
3 Whitehead, Michael	12	St. Henry District	10:11.04	10:11.25	6
4 Miller, Pete	11	Villa Madonna	10:23.14	10:24.10	4
5 Couch, Justin	12	Ludlow	10:19.50	10:26.11	2
6 Dooley, Brendan	09	St. Henry District	10:18.04	10:27.35	1

**Region 4A Track and Field Championships - 5/16/2009****Dixie Heights High School****Results****....Boys 3200 Meter Run CLASS 1A**

7	Wolfer, Andy	10	Bishop Brossart	10:24.84	10:28.19
8	Holtkamp, Zach	10	Bishop Brossart	10:23.94	10:33.09
9	Hemmer, Trey	10	Cov. Holy Cross	10:46.00	10:49.33
10	Shea, Kyle	11	Ludlow	10:56.50	10:55.43
11	Campbell, Shane	12	Walton Verona	10:56.00	10:57.49
12	Allen, Patrick	08	Newport Catholic	11:05.44	11:22.97
13	Grothaus, Myles	09	Newport Catholic	12:10.08	11:47.24
14	Meyer, Donald	11	Covington Latin	12:19.00	11:55.38
15	Tumler, Mark	09	Dayton	13:03.00	12:24.88

**Boys 110 Meter Hurdles CLASS 1A**

Name	Year	School	Seed	Finals	Points	
1	Froendhoff, Michael	10	Newport Catholic	18.84	18.20	
2	Schirmer, Michael	11	Bishop Brossart	19.04	18.90	
3	Gregory, Eric	11	Cov. Holy Cross	18.94	19.12	
4	Gaunt, Anthony	11	Ludlow	20.04	20.42	
5	Stalnaker, Bryan	12	Walton Verona	20.94	20.62	
6	Bramer, Andy	10	Cov. Holy Cross	21.56	22.29	
7	Farrell, Ben	11	Villa Madonna	21.74	22.83	
Section 2						
1	Duggan, TJ	12	Villa Madonna	16.24	16.56	10
2	Emerson, Ross	11	St. Henry District	16.84	16.65	8
3	Sutter, Michael	12	St. Henry District	16.64	J17.15	4
3	MacAdams, Zac	09	Walton Verona	17.74	17.15	6
5	McCulley, Chris	12	Bellevue	17.87	17.38	2
6	Elam, Clay	10	Bishop Brossart	17.90	17.85	1
7	Meyer, Adam	11	Newport Catholic	18.14	18.50	

**Boys 300 Meter Hurdles CLASS 1A**

Name	Year	School	Seed	Finals	Points	
Section 1						
1	Hafer, Jesse	10	Walton Verona	46.54	44.83	
2	Manning, Adam	12	Bishop Brossart	47.24	45.86	
3	Bergman, Taylor	10	Cov. Holy Cross	46.54	46.81	
4	Gregory, Eric	11	Cov. Holy Cross	48.94	50.03	
5	Gaunt, Anthony	11	Ludlow	50.45	52.50	
6	Farrell, Ben	11	Villa Madonna	53.21	59.78	
Section 2						
1	Huninghake, Derek	12	Bellevue	42.54	42.78	10
2	MacAdams, Zac	09	Walton Verona	43.64	42.79	8
3	McCulley, Chris	12	Bellevue	43.84	43.00	6
4	Sutter, Michael	12	St. Henry District	42.94	43.22	4
5	Ross, Clint	12	Bishop Brossart	43.64	43.46	2
6	Emerson, Ross	11	St. Henry District	44.24	44.75	1
7	Froendhoff, Michael	10	Newport Catholic	46.34	45.21	
8	Speier, Nick	11	Newport Catholic	45.64	46.41	

**Region 4A Track and Field Championships - 5/16/2009****Dixie Heights High School****Results****Boys 4x100 Meter Relay CLASS 1A**

School	Seed	Finals	Points
<b>Section 1</b>			
1 Covington Latin	52.47	54.97	
1) Bischoff, Henry 10	2) Villareal, Matthew 9		
3) King, Zachary 9	4) Lindley, Matthew 11		
5) Conti, James 8	6) Cady, Benjamin 11		
<b>Section 2</b>			
1 Bellevue	46.44	46.17	10
1) Lay, Austin 11	2) Brock, Rodney 11		
3) Evans, Nick 11	4) Huninghake, Derek 12		
5) Berkmeier, Tim 12	6) McCulley, Chris 12		
2 St. Henry District	46.47	46.19	8
1) Abdelghany, Joe 11	2) Brockman, Kevin 12		
3) Haacke, Alexander 11	4) Reiger, Chris 11		
5) Bessler, Ben 11	6) Pritchett, Will 11		
7) Waymeyer, Jordan 12	8) Robinson, Sean 11		
3 Walton Verona	46.52	46.63	6
1) Brockman, Brandon 10	2) Dixon, Koby 10		
3) Harper, Mitch 12	4) Brock, Evan 10		
5) Hafer, Jesse 10	6) Hurst, Chris 09		
7) MacAdams, Zac 09	8) Schmitt, Sam 10		
4 Newport	47.11	46.93	4
1) McDay, Quin 10	2) Kim, Daniel 12		
3) Glenn, Dionte 10	4) Luther, Anthony 11		
5) Carter, Branden 10	6) Washington, Rob 09		
5 Newport Central Catholic	47.68	47.06	2
1) Froendhoff, Michael 10	2) Eviston, Matt 12		
3) Speier, Nick 11	4) Bertsch, Donovan 09		
5) Ferrara, Logan 12	6) Little, Cole 11		
7) Schaefer, Corey 12	8) Gish, Michael 12		
6 Bishop Brossart	47.44	47.12	1
1) Beckerich, Josh 10	2) Mueller, Zak 12		
3) Whitford, Michael 11	4) Stover, Matt 10		
5) Kremer, Dallas 12	6) Kues, Barrett 10		
7) Ross, Clint 12	8) Manning, Adam 12		
7 Holy Cross (Covington)	47.54	47.23	
1) Walker, Markel 12	2) Walker, Eric 09		
3) Curcio, Joe 12	4) Smith, Brayson 11		
5) Brinkman, Eric 11	6) Knaup, Kyle 10		
7) Herald, Michael 09	8) Shulte, Nick 09		
8 Villa Madonna	48.14	47.39	
1) Block, Daniel 11	2) Kallmeyer, Chris 12		
3) Schubert, Jake 10	4) Schroth, Ryan 11		
5) Luensman, Alec 10	6) Rightmire, Zack 09		
7) Wright, Scott 11	8)		

**Boys 4x200 Meter Relay CLASS 1A**

School	Seed	Finals	Points
1 Newport	1:35.90	1:35.07	10
1) McDay, Quin 10	2) Kim, Daniel 12		
3) Luther, Anthony 11	4) Carter, Branden 10		
5) Glenn, Dionte 10	6) Washington, Rob 09		

**Region 4A Track and Field Championships - 5/16/2009****Dixie Heights High School****Results****....Boys 4x200 Meter Relay CLASS 1A**

2 St. Henry District	1:35.74	1:35.50	8
1) Brockman, Kevin 12	2) Bessler, Ben 11		
3) Pritchett, Will 11	4) Reiger, Chris 11		
5) Waymeyer, Jordan 12	6) Kahmann, Phil 11		
7) Lentz, Max 11	8) Lentz, Nathan 10		
3 Bishop Brossart	1:38.14	1:36.81	6
1) Whitford, Michael 11	2) Mueller, Zak 12		
3) Beckerich, Josh 10	4) Stover, Matt 10		
5) Kues, Barrett 10	6) Ross, Clint 12		
7) Kremer, Dallas 12	8) Kremer, Austin 09		
4 Newport Central Catholic	1:37.74	1:37.09	4
1) Little, Cole 11	2) Eviston, Matt 12		
3) Speier, Nick 11	4) Schaefer, Corey 12		
5) Ferrara, Logan 12	6) Bertsch, Donovan 09		
7) Calhoun, Evan 12	8) Froendhoff, Michael 10		
5 Walton Verona	1:36.84	1:37.30	2
1) Brockman, Brandon 10	2) Dixon, Koby 10		
3) Harper, Mitch 12	4) Brock, Evan 10		
5) MacAdams, Zac 09	6) Palmer, Evan 12		
7) Schmitt, Sam 10	8) Hafer, Jesse 10		
6 Villa Madonna	1:38.62	1:38.80	1
1) Block, Daniel 11	2) Kallmeyer, Chris 12		
3) Schubert, Jake 10	4) Schroth, Ryan 11		
5) Luensman, Alec 10	6) Wright, Scott 11		
7) Rightmire, Zack 09	8)		
7 Covington Latin	1:54.00	1:56.38	
1) Cady, Benjamin 11	2) Villareal, Matthew 9		
3) King, Zachary 9	4) Lindley, Matthew 11		
5) Conti, James 8	6) Bischoff, Henry 10		
-- Bellevue	1:37.24	DQ	out of zone
1) Berkmeier, Tim 12	2) Brock, Rodney 11		
3) Lay, Austin 11	4) Huninghake, Derek 12		
5) Evans, Nick 11	6) McCulley, Chris 12		

**Boys 4x400 Meter Relay CLASS 1A**

School	Seed	Finals	Points
1 Bishop Brossart	3:37.64	3:35.55	10
1) Ross, Clint 12	2) Beckerich, Josh 10		
3) Whitford, Michael 11	4) Haire, Justin 12		
5) Evans, Brett 09	6) Kremer, Austin 09		
7) Kues, Barrett 10	8) Foster, Jack 10		
2 Newport Central Catholic	3:41.94	3:37.08	8
1) Little, Cole 11	2) Calhoun, Evan 12		
3) Ferrara, Logan 12	4) Schaefer, Corey 12		
5) Bertsch, Donovan 09	6) Speier, Nick 11		
7) Niemer, Alex 12	8) Eviston, Matt 12		
3 St. Henry District	3:37.75	3:37.51	6
1) Whitehead, Michael 12	2) Sutter, Michael 12		
3) Brockman, Kevin 12	4) Reiger, Chris 11		
5) Kahmann, Phil 11	6) Lentz, Max 11		
7) Lentz, Nathan 10	8) Rohmann, Cameron 09		
4 Villa Madonna	3:38.84	3:39.35	4
1) Schubert, Jake 10	2) Block, Daniel 11		

**Region 4A Track and Field Championships - 5/16/2009**

**Dixie Heights High School**

**Results**

**....Boys 4x400 Meter Relay CLASS 1A**

3) Schroth, Ryan 11	4) Stoll, Corey 12		
5) Laber, Ryan 10	6) Kallmeyer, Chris 12		
7) Luensman, Alec 10	8) Wright, Scott 11		
5 Bellevue	3:40.74	3:39.66	2
1) Berkmeier, Tim 12	2) Brock, Rodney 11		
3) Evans, Nick 11	4) Huninghake, Derek 12		
5) Lay, Austin 11	6) McCulley, Chris 12		
6 Walton Verona	3:43.00	3:42.95	1
1) MacAdams, Zac 09	2) Dixon, Koby 10		
3) Harper, Mitch 12	4) Peterson, Trevin 10		
5) Palmer, Evan 12	6) Hafer, Jesse 10		
7) Brockman, Brandon 10	8) McIntyre, Jacob 11		
7 Holy Cross (Covington)	3:46.30	3:50.84	
1) Bergman, Taylor 10	2) Walker, Markel 12		
3) Walker, Eric 09	4) Smith, Brayson 11		
5) Marsh, Jamie 11	6) Robinson, Josh 11		
7) Brinkman, Eric 11	8) Gregory, Eric 11		
8 Ludlow	3:55.20	3:58.52	
1) Case, Cameron 12	2) Holloway, Michael 12		
3) Hall, Alex 11	4) Yates, Chris 09		
5) Brown, Robbie 11	6) Laws, Jordan 11		
7) Rice, Drew 11	8) Wright, Doug 09		

**Boys 4x800 Meter Relay CLASS 1A**

=====			
School	Seed	Finals	Points
=====			
Section 1			
1 St. Henry District	8:34.84	8:28.86	10
1) Whitehead, Michael 12	2) Sutter, Michael 12		
3) Rohmann, Cameron 09	4) Linkugel, Andrew 12		
5) Mark, Nathan 09	6) Frigo, Armand 11		
7) Dooley, Brendan 09	8) Haacke, Zach 09		
2 Walton Verona	8:40.00	8:32.44	8
1) Palmer, Evan 12	2) McIntyre, Jacob 11		
3) Campbell, Shane 12	4) Peterson, Trevin 10		
5) Schmitt, Sam 10	6) MacAdams, Zac 09		
7) Harper, Mitch 12	8) Hafer, Jesse 10		
3 Bishop Brossart	8:51.34	8:36.13	6
1) Evans, Brett 09	2) Holtkamp, Zach 10		
3) Foster, Jack 10	4) Haire, Justin 12		
5) Martin, Robby 09	6) Birkenhauer, Adam 11		
7) Wolfer, Andy 10	8) Butts, Timmy 11		
4 Holy Cross (Covington)	8:41.00	8:47.42	4
1) Bergman, Taylor 10	2) Hemmer, Trey 10		
3) Marsh, Jamie 11	4) Robinson, Josh 11		
5) Walker, Eric 09	6) Herald, Michael 09		
7) Wilkerson, Ian 09	8) Brinkman, Eric 11		
5 Ludlow	8:52.70	8:50.25	2
1) Couch, Justin 12	2) Shea, Kyle 11		
3) Case, Cameron 12	4) Laws, Jordan 11		
5) Wright, Doug 09	6) Wright, Jacob 11		
7) Brown, Robbie 11	8)		
6 Villa Madonna	9:24.60	9:06.42	1
1) Kresge, Michael 10	2) Chauvin, Dylan 09		

**Region 4A Track and Field Championships - 5/16/2009**

**Dixie Heights High School**

**Results**

**....Boys 4x800 Meter Relay CLASS 1A**

3) Wright, Scott 11	4) Miller, Pete 11		
5) Laber, Ryan 10	6)		
7 Newport Central Catholic		9:32.48	9:19.73
1) Niemer, Alex 12	2) Allen, Patrick 08		
3) Guthier, Eddie 12	4) Payne, Zach 12		
5) Gish, Brian 12	6) Schaefer, Corey 12		
7) Grothaus, Myles 09	8) Little, Cole 11		
8 Covington Latin		10:28.40	11:18.42
1) Bischoff, Henry 10	2) Anderson, Jesse 11		
3) Loftus, Michael 8	4) Conti, James 8		
5) Cady, Benjamin 11	6) Meyer, Donald 11		

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 Women - CLASS 1A - Team Rankings - 18 Events Scored  
 =====

1) St. Henry District	157	2) Newport Central Catholic	115
3) Bishop Brossart	89	4) Walton Verona	74
5) Beechwood	43	6) Covington Latin	27
7) Holy Cross (Covington)	16	7) Villa Madonna	16
9) Bellevue	10	10) Dayton	6
11) Newport	5		

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 Men - CLASS 1A - Team Rankings - 18 Events Scored  
 =====

1) St. Henry District	128	2) Newport	94
3) Walton Verona	79	4) Newport Central Catholic	75
5) Villa Madonna	72	6) Bishop Brossart	37
7) Bellevue	33	8) Holy Cross (Covington)	21
9) Ludlow	15	10) Dayton	1